

Parenting Consistency Worksheet

NAME _____

AGE _____

Wake Up ___:___

Curfew ___:___

Bedtime ___:___

Consequences

Activities

Mon:

Tues:

Wed:

Thur:

Fri:

Sat:

Sun:

Rewards

Chores

M T W T F S S

I'm thankful for...

Screen Time/Electronics =