

# WHO ARE YOU ALLOWING IN YOUR BEDROOM?

## IDENTIFYING SOURCES OF MARITAL PRESSURE AND DISTRACTIONS

There are pressures and distractions everywhere. And before you know it, your marriage can become quite crowded. Yet we know, second only to God, our marriage is supposed to be the most important relationship.

### DISTRACTIONS

- Children
- Parents
- Friends
- Work/Hobbies
- Society

### GOD

Have you invited  
 God into your  
 bedroom?  
 YES    NO

Seek a God-centered marriage  
 Strengthen your own relationship with God  
 Encourage your spouse's relationship with  
 God

Which area do you feel causes the biggest hindrance to your marriage?

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How can you decrease this pressure and distraction? Make a plan

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