

TO THE MARTHA'S WANTING TO BE MARY

5 WAYS TO MAKE THE SHIFT

1

**LET GO OF THE
TO-DO LIST**

2

**SOAK IN QUIET
TIME**

3

**GIVE YOURSELF
GRACE**

4

**IT'S MORE
IMPORTANT
TO BE PRESENT
THAN PERFECT**

5

**YOUR WORTH IS NOT
IN YOUR WORKS**
