

# Embrace Your True Identity

STAY IN THE LIGHT



## God's Word

Know the truth of God's Word. Read it. Study it. Memorize verses that help you remember your identity in Christ.



## Positive Self-Talk

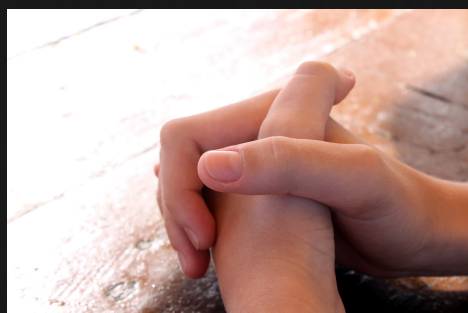
Get rid of the negative reel that is playing in your head and actively work to replace it with positive self-talk.



## Be

### Prepared

Know what situations have a tendency to flare up insecurities and self-doubt.



## Be Thankful

Recognize the unmerited gift that you have received in Jesus Christ.



## View Yourself in your new identity

Change is necessary for growth and that means you have to change the old ways of viewing yourself with your new identity in Christ.