

## 18 Months -2 Yrs

- Put away shoes
- Pick up toys (with assistance)
- Throw away food wrappers
- Put empty sippy cups/cups and plates in the sink to "clear the table". (You likely will need to pick them up!)

## 3-4 Year Olds

- Learn to dress themselves
- Help make their bed
- Pick up clothes/put in the hamper
- Help you with laundry - separating clothes, pouring detergent (with assistance),
- Pick up toys and put in bins, baskets, closets
- Help feed and water the pets
- Taking their items from the vehicle to the house
- Help preparing food - with support and supervision
- Yard work - help pick up sticks

## 5-7 Year Olds

- Dress independently
- Complete daily hygiene tasks
- Make bed
- Sort laundry by themselves
- Set the table
- Clear the table
- Load/unload the dishwasher with
- Help to prepare the food - stirring, chopping (with assistance!)
- Picking up toys
- Cleaning their room
- Help fold clothes
- Help dust
- Vacuum
- Help with yard work

## Chores by Age

Chores are important for the development of our children. They help to teach responsibility, perseverance, unity in the family, and readiness for adulthood. Chores also help to decrease issues of entitlement. At the same time, it is important that we are understanding the developmental abilities for our children.

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## 8-11 Year Olds

- All hygiene tasks independently
- Keep their room clean
- Be responsible for personal items
- Be responsible for homework assignments (still a good idea to check!)
- Wash dishes
- Load and unload the dishwasher
- Take out the trash/recycling
- Help wash the vehicles
- Sweep
- Learn how to use the laundry washer and dryer
- Make simplistic meals with supervision
- Walk the dog and pick up dog poop
- Help clean the bathrooms

## 12-13 Year Olds

- Keep track of personal items and activity times
- Make more complex meals (with some assistance)
- Mastery of dusting, sweeping, vacuuming
- Cleaning the bathroom without assistance
- Change bedding
- Mow the lawn
- Babysitting (check state laws to be sure!)

## 14-15 Year Olds

- Mastery of all previous chores
- Help with meal planning
- Recognizing and completing housework and yard work before asked
- Engage in volunteer activities

## 16-18 Year Olds

- Capable of getting a part-time job
- Responsible for managing personal finances
- Able to buy their own clothes (outside of necessity)
- Taught how to be responsible for maintaining the vehicle they are driving (put in gas, fill washer fluid, check tire pressure, check oil, and jump the battery)
- Able to go grocery shopping for you when necessary
- Able to help with dropping off/picking up younger siblings from activities