

10

WAYS TO GET YOUR CHILD TO FOLLOW DIRECTIONS

1

GET ON THEIR LEVEL

Crouch, kneel, or sit next to your child.

2

MAKE EYE CONTACT

This ensures your child is paying attention to what you are saying.

3

USE SHORT SENTENCES

Make sure your directions don't get lost in a sea of extra words.

4

MODEL THE DIRECTIONS OF A NEW TASK

Help a child to know exactly what you are expecting from them by showing what/how to do it.

5

BREAKDOWN MULTI-STEP DIRECTIONS

Don't give a whole laundry list of directions at a time because they won't remember them!

6

HAVE THEM CHECK BACK

This builds accountability for your child and allows you to check their task.

7

LET THEM CHOOSE THE ORDER

If there are more than one item or task being asked of your child let them pick which to do first. It helps them feel like they have some control.

8

GIVE THEM A TIME FRAME

Let your child know your expectations of when the direction needs to be completed.

9

LAY OUT A CONSEQUENCE

Let your child know what they will be able to do once the direction is followed or what will happen if the direction is not completed.

10

PRAISE

Give your child accolades for completing and accomplishing the directions.